

Invite Ideas For Fair Play

It starts with an invitation

Agree on the date, time, and place.
Then use the following potential verbiage:

I'd like to have an open, fun, and clear conversation with you about how we spend our time together as a family / couple. When would you be able to connect?

We both want a happy and thriving family, I've been wondering about using this new tool I recently learned about. I'm hoping we can discuss how we might use it in our household.

I have a lot of anger about how unfair I think things are and I'd like to tell you how I see things. Maybe you see them differently and I'd like to talk about it.

Keep In Touch!

Email me at valerie@strideproductivity.com and let me know how scheduling the first conversation goes!



More ideas!

Giant Kid

Invite him to play a “game” that will create more efficiency in the home without losing the fun. What’s in it for him, specifically? Less nagging and far more levity. You may suggest: “I’d like to explore a new way to work together that recaptures some of who we were before we had kids.”

Traditionalist

Rather than ask him to change, invite him to support you. Play up your need for Unicorn Space. You may suggest: “I’d like to explore a new way to rebalance our time that allows me to rediscover my passions beyond the home.” What’s in it for him, specifically? He’ll have a happier and more fulfilled wife at the helm.

Where’s the Butter?

Invite your competent guy to learn about a “new home management system” that will alleviate inefficiencies and make domestic life less crazy-making for both of you. What’s in it for him, specifically? A partner who empowers him to take the lead.

One Step Forward, Two Steps Back

Invite your go-getter partner to rebalance the domestic workload in a way that sets him up to succeed. What’s in it for him, specifically? By providing him with more context, he can easily do his part without being second-guessed for his contributions or criticized for his efforts.

More Than Most

Invite your willing partner to explore an even better way to collaborate for more efficiency at home. He won’t need much convincing to jump on board because you already communicate effectively, but it never hurts to play up the promise of more fun and free time together.

